



# THE ITALIAN KITCHEN

Benvenuto to The Italian Kitchen, an AA-Rosette-award-winning restaurant. Our aim is to provide our guests with an authentic Italian dining experience. Many restaurants know how to provide a welcome but we know how to make people feel special, how to ensure that our guests' experience is beyond expectations. The secret to the authentic flavours and aromas in The Italian Kitchen is Head Chef's insistence on genuine Italian ingredients and fresh local produce. Our menus are a tour of culinary Italy, taking in several classic regional dishes and some less well-known specialities.

## ANTIPASTI

<b>Cestino Del Pane</b> Selection of focaccia, ciabatta & crusty home-made bread <i>(Contains Allergens 6 Wheat, 7)</i>	<b>€5.50</b>
<b>Olive Con Ciabatta Fatta In Casa</b> Mixed Italian olives with home-made ciabatta bread <i>(Contains Allergen 6 Wheat)</i>	<b>€7.25</b>
<b>Pane All' Aglio</b> Wood-fired garlic bread with extra virgin olive oil <i>(Contains Allergen 6 Wheat)</i>	<b>€7.50</b>
<b>Zuppa Del Giorno</b> Chef's soup of the day served with crusty bread <i>(Contains Allergens 6 Wheat, 7)</i>	<b>€9.00</b>
<b>Bruschetta Classica</b> Home-made grilled ciabatta bread brushed with extra virgin olive oil & garlic, topped with marinated cherry tomatoes & fresh basil <i>(Contains Allergen 6 Wheat)</i>	<b>€9.50</b>
<b>Insalata Caprese</b> Classic caprese salad with fresh tomato, buffalo mozzarella, fresh basil, extra virgin olive oil <i>(Contains Allergen 7)</i>	<b>€9.50</b>
<b>Insalata Buongustaio</b> Gourmet salad of mixed leaves, cherry tomatoes, ciliegine mozzarella, sliced almonds, dressed with extra virgin olive oil & balsamic vinegar <i>(Contains Allergens 5 Almonds, 7, 9)</i>	<b>€10.50</b>
<b>Prosciutto Con Burrata Di Bufala</b> Simple & delicious Parma ham & buffalo burrata cheese <i>(Contains Allergens 6 Wheat, 7, 9)</i>	<b>€11.95</b>
<b>Insalata Di Gamberi</b> Prawns, gem salad, mixed olives, celery, nachos, extra virgin oil, orange & lemon juice, citronette <i>(Contains Allergens 1 Prawns, 7, 12)</i>	<b>€12.95</b>
<b>Antipasto Italiano Classico</b> Italian salami, prosciutto, mortadella, grilled courgettes, olives, cherry tomato, mozzarella classic, foccacia bread <i>(Contains Allergens 5 Pistachio, 6 Wheat, 7, 9)</i>	<b>€15.50</b>

## WOOD-FIRED PIZZA

<b>Margherita</b> Tomato sauce, fior di latte mozzarella & fresh basil <i>(Contains Allergens 6 Wheat, 7)</i>	<b>€16.25</b>
<b>Capricciosa</b> Tomato sauce, mozzarella, artichoke, cooked ham & mushrooms <i>(Contains Allergens 3, 6 Wheat)</i>	<b>€18.25</b>
<b>Vegetariana</b> Tomato sauce, mozzarella & seasonal vegetables <i>(Contains Allergens 6 Wheat, 7)</i>	<b>€18.25</b>
<b>Diavola</b> Tomato sauce, mozzarella, pepperoni <i>(Contains Allergens 6 Wheat, 7, 9)</i>	<b>€18.25</b>
<b>San Daniele</b> Margherita pizza with Parma ham & fresh rocket leaves <i>(Contains Allergens 6 Wheat, 7, 9)</i>	<b>€18.25</b>
<b>Salame Piccante e Funghi</b> Tomato sauce, mozzarella fior di latte, mushrooms & spicy salami <i>(Contains Allergens 6 Wheat, 7, 9)</i>	<b>€18.25</b>
<b>PRIMI PIATTI</b>	
<b>Fettuccine All' Alfredo</b> Marinated chicken, fettucine pasta, cream, garlic, butter, grana padano, mushroom <i>(Contains Allergens 6 Wheat, 7, 9, 11)</i>	<b>€19.50</b>
<b>Trenette Alle Zucchine, Gamberi Zafferano E Peperoncino</b> Trenette pasta, prawns, shallots, courgettes, white wine, cream & saffron, chilli pepper, extra virgin olive oil <i>(Contains Allergens 1 Prawns, 7, 9)</i>	<b>€19.95</b>
<b>Linguine La Nuova Carbonara</b> Creamy dish of linguini pasta with parmesan cheese, egg yolk & crispy bacon & cream <i>(Contains Allergens 6 Wheat, 7, 9, 11)</i>	<b>€18.50</b>
<b>Ravioli Ai Funghi Misti</b> Porcini mushrooms, truffle, garlic, white wine, parsley, fresh cream & dry ricotta <i>(Contains Allergens 6 Wheat, 7, 9)</i>	<b>€19.95</b>
<b>Tagliatelle al Ragù</b> Tagliatelle pasta with minced beef & pork in a rich tomato sauce <i>(Contains Allergens 6 Wheat, 7, 9, 11, 12)</i>	<b>€18.50</b>
<b>Paccheri al Pesto</b> Paccheri pasta, home-made pesto sauce <i>(Contains Allergens 4 Peanuts, 5 Pine Nuts, 6 Wheat, 7)</i>	<b>€17.50</b>

## SECONDI PIATTI

<b>Spigola Alla Mugnaia E Gamberi</b> Grilled seabass with prawns served with a butter, flour, parsley, white wine & lemon meuniere sauce <i>(Contains Allergens 1 Prawns, 3 Seabass, 6 Wheat, 9, 12)</i>	<b>€27.50</b>
<b>Salmone In Manto Di Erbe Aromatiche</b> Salmon mantled in aromatic herbs, with garlic & basil sauce <i>(Contains Allergens 3 Salmon, 6 Wheat, 7, 9)</i>	<b>€24.50</b>
<b>Merluzzo Alla Mediterranea</b> Cod cooked in oil, garlic, peppers, parsley, tomatoes <i>(Contains Allergens 3 Cod, 9)</i>	<b>€23.50</b>
<b>Bistecca Di Manzo Al Pepe Nero Con Cipolle Fritte Croccanti</b> 10oz sirloin of beef grilled to your liking, with black pepper sauce & crispy fried onions <i>(Contains Allergens 6 Wheat, 7, 9)</i>	<b>€35.00</b>
<b>Filetto Di Pollo In Salsa Arlecchino</b> Supreme of chicken with red peppers, shallots, white wine, cream & grainy mustard <i>(Contains Allergens 7, 9, 13)</i>	<b>€23.50</b>

## CONTORNI SIDE DISHES

<b>Insalata Mista</b> Salad leaves, tomatoes, red onion, balsamic dressing <i>(Contains Allergen 9)</i>	<b>€6.00</b>
<b>Verdure Arrostite Miste</b> Roasted mixed vegetables	<b>€6.00</b>
<b>Patate Novelle Al Forno</b> Oven-baked baby potatoes	<b>€6.00</b>
<b>Patate Gratinata</b> Gratin potatoes <i>(Contains Allergen 7)</i>	<b>€6.00</b>
<b>Patatine Fritte Al Tartufo</b> Skinny fries with truffle oil & parmesan cheese <i>(Contains Allergen 7)</i>	<b>€6.50</b>
<b>Patatine Fritte</b> French fries	<b>€6.00</b>

**Allergen Index:** 1. Crustaceans | 2. Molluscs | 3. Fish | 4. Peanuts | 5. Nuts | 6. Cereals containing gluten  
7. Milk/milk products | 8. Soya | 9. Sulphur dioxide | 10. Sesame seeds | 11. Eggs | 12. Celery & celeriac  
13. Mustard | 14. Lupins

Should you have any specific dietary requirements or food allergies please inform staff prior to placing your order. Our kitchen and suppliers handle numerous ingredients and allergens. Whilst we have strict controls in place to reduce the risk of contamination, unfortunately it is not possible for us to guarantee that our dishes will be 100% allergen free.